

Daily Meditation on the Old Testament – Week 1

Sunday – [Psalm 1](#) [LSB 705 – The Man Is Ever Blessed](#)

1. Why is a man, or woman, blessed by God? v. 1-2
2. What is the blessed man like? v. 3
3. What is the fate of the wicked and the righteous? v. 4-6
4. How will you meditate on God's Word and be blessed this year?

Monday – [Genesis 1](#) [LSB 578 – Thy Strong Word](#)

1. How were the three persons of the Trinity active in creation? v. 1-3
2. How were living things to reproduce? v. 11-12, 21, 24-25
3. What does it mean that man was made in the image of God? v. 26-27
4. How did God create you?

Tuesday – [Genesis 2](#) [LSB 858 – O Father, All Creating](#)

1. How did God create man and woman specially? v. 7, 21-22
2. What did God give man to do in the garden of Eden? v. 15
3. What command did God give the man? v. 16-17
4. Who instituted and defined marriage as between a man and woman? v. 24

Wednesday – [Genesis 3](#) [LSB 561 – The Tree of Life](#)

1. Who was the serpent and why did he fall from heaven?
2. How did the serpent tempt Adam and Eve to sin? v. 1, 4-5
3. What happened when they ate from the forbidden tree? v. 7-13
4. What was the first Gospel promise and Messianic prophecy? v. 15

Thursday – [Genesis 4](#) [LSB 572 – In the Shattered Bliss of Eden](#)

1. What was the difference between how Cain and Abel gave their offering?
2. How did God punish Cain for killing his brother, and how did He show mercy?
3. How did the sin of Adam effect his descendants and us? v. 8-9, 23
4. When and how did public worship begin? v. 26

Friday – [Genesis 5](#) [LSB 569 – In Adam We Have All Been One](#)

1. How was the birth of Seth different from the creation of Adam? v. 3
2. How was Enoch an example of what God originally intended for man? v. 24
3. Who and how old was the oldest man recorded in the Bible? v. 27
4. What happened to all of Adam's descendants?

Saturday – [Isaiah 1](#) [LSB 915 – Today Your Mercy Calls Us](#)

1. Where and when was Isaiah a prophet of the Lord? v. 1
2. Why has the Lord rejected the people's worship? v. 2-4, 11-15
3. What does the Lord desire of his people? v. 16-17, 27
4. How will the Lord turn their sins from scarlet to white? v. 18

For this week, memorize and meditate on the [First Article and its meaning](#)

Answers for Daily Meditation on the Old Testament – Week 1

Sunday – [Psalm 1](#)

1. When they avoid the influence of unbelievers and meditate on God's Word.
2. He is like a tree, nourished by living water, which bears fruit of godliness.
3. The Lord knows the way of believers, but the unbelievers will perish.
4. Blessed are those who hear the Word of God and keep it. ([Luke 11:28](#))

Monday – [Genesis 1](#)

1. God the Father spoke His Word who is the Son ([John 1:1-3](#)). The Holy Spirit, the Lord and giver of life, hovered over the waters.
2. Not by evolution but according to their kind.
3. Man had some of God's attributes: holy, righteous, faithful, good, just, loving
4. God knew and formed you in the womb ([Jeremiah 1:5](#)) and gave you a soul.

Tuesday – [Genesis 2](#)

1. God formed man from dust and breathed into him his soul. God formed woman from the man's side to be a fit and complimentary companion.
2. He was to work the ground, keep it, and be a good steward of the earth.
3. Man could eat from every tree but not the tree of knowledge, lest he die.
4. Not the government, media, or human opinion, but God alone.

Wednesday – [Genesis 3](#)

1. The evil angel, the devil, because of his pride. ([Rev. 12:9](#), [Ezekiel 28:11-19](#))
2. By questioning and twisting the Word of God.
3. They died spiritually, lost their relationship with God, and blamed others.
4. God would send a Savior who would suffer but crush the devil and his work.

Thursday – [Genesis 4](#)

1. Abel gave his offering with faith in God's promise of a Savior. ([Heb. 11:4](#))
2. Cain became a wandering fugitive, but God protected his life with a mark.
3. We have inherited a sinful nature that sins. ([Matthew 15:19](#), [Romans 5:12](#))
4. With multiple families, believers began to worship in the name of the Lord.

Friday – [Genesis 5](#)

1. God created Adam in His image, but Seth was born in his father's sinful image
2. God took Enoch to heaven directly, without dying. ([Hebrews 11:5-6](#))
3. Methuselah lived to be 969 years old . . . and then he died.
4. Because of sin, we all die, but because of Christ we live. ([Romans 6:23](#))

Saturday – [Isaiah 1](#)

1. The southern kingdom of Judah, circa 700-750 B.C., just before the exile
2. They had forsaken the Lord, sinned, and worshipped hypocritically.
3. Repent by ceasing evil and doing good.
4. The blood of Jesus and water of baptism cleanse us of all sin. ([1 John 1:7-9](#))